
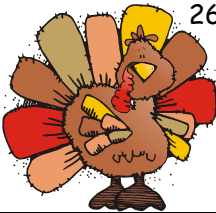




November

Lunch Menu

Breakfast: \$2.00
Lunch: \$3.25
Save time and money and purchase 20 lunches for \$60.00

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
2 Mini Corn Dogs Fruit Juice Produce Patch Dessert>=+~^	3 Cheeseburger#^> Potatoes Produce Patch Dessert>=+~^	4 Pizza^>>**#* Garden Salad Produce Patch Dessert>=+~^	5 Cheese Sticks^=> Rice Produce Patch Dessert<=+~^	6 Chicken Nuggets> Baked Beans Produce Patch Dessert>=+~^	Calories 718 Sodium (Mg) 1030 Iron (Mg) 402 Vitamin C (Mg) 36.0 Protein (G) 27.4 Carbohydrate (G) 109.5 Total Fat (G) 19.4 Sat. Fat (G) 6.8
9 Nachos w/ Meat^=># Corn> Produce Patch Dessert>=+~^	10 Hot Dog> Carrots Produce Patch Dessert>=+~^	11  Veterans Day	12 Popcorn Chicken Salad~>^ Fruit Cup Produce Patch Dessert>=+~^	13 Barbeque Ribs>* Mashed Potatoes^ Produce Patch Dessert>=+~^	Calories 733 Sodium (Mg) 1254 Iron (Mg) 4.1 Vitamin C (Mg) 35.9 Protein (G) 27.9 Carbohydrate (G) 108.4 Total Fat (G) 21.3 Sat. Fat (G) 7.5
16 Popcorn Chicken~>^ Pasta Produce Patch Dessert>=+~^	17 Upside Down Day~^** Fruit Juice Produce Patch Berry Parfait^=+	18 Pizza^>>**#* Fruit Cup Produce Patch Dessert>=+~^	19 Taco Salad^=> Rice Produce Patch Dessert>=+~^	20 Sea Wonders>^= Potatoes Produce Patch Dessert>=+~^	Calories 724 Sodium (Mg) 964 Iron (Mg) 4.0 Vitamin C (Mg) 44.9 Protein (G) 27.2 Carbohydrate (G) 114.0 Total Fat (G) 18.2 Sat. Fat (G) 5.7
23 Mini Corn Dogs Fruit Juice Produce Patch Dessert>=+~^	24 Cheeseburger#^> Potatoes Produce Patch Dessert>=+~^	25 	26 Happy Thanksgiving!	27	Calories 729 Sodium (Mg) 1107 Iron (Mg) 4.5 Vitamin C (Mg) 38.2 Protein (G) 28.2 Carbohydrate (G) 110.7 Total Fat (G) 20.1 Sat. Fat (G) 7.3
30 Nachos w/ Meat^=># Corn> Produce Patch Dessert>=+~^	<p>In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410</p> <p>~Egg **Vegetarian *Pork >Corn ^ Dairy +Nuts #Beef =Whey</p>				

Milk .50¢
Soy Milk .50¢
Water \$1.00
Juice .40¢

All lunches are served with choice of milk

Entrée options available everyday:
Turkey Sub or
Peanut Butter & Jelly on Wheat

